

## SWIFT SCAN PRE-PROCEDURE INSTRUCTIONS

Use sunscreen with an SPF of 30 or higher for at least 2 weeks prior to procedure.

Keep hands moisturized prior to treatment.



## SWIFT SCAN POST PROCEDURE INSTRUCTIONS

### DAY 1-3

NO direct sun exposure.

Cool compresses (distilled water/gauze) will help soothe and release heat.

Apply occlusive ointment to hands. Reapply as needed to keep area moist.

Diluted water/vinegar soaks will help with healing/itching.

Keep hydrated

### DAY 4-7 (OR ONCE SKIN HAS NORMALIZED)

Use gentle cleanser. Do not rub, exfoliate or encourage sloughing skin.

Continue to spot treat rough areas with occlusive ointment, keeping the skin moist.

Distilled water/vinegar soaks will help with healing/itching.

Keep hydrated.