

## HOW TO USE LATISSE

- Use one brush for 2 days, using the same brush for both eyes. One pack of 2 brushes will last 4 nights (4 x 30 packs = 120 nights). So, the kit will last you at least 3-4 months.
- One drop should be used to wet the brush per night. This kit will last you 3-4 months as well as there are 100-120 drops/bottle. Try to alternate which eye is treated first every other night, (left Monday, right Tuesday, left Wednesday, etc.), to ensure a more even application.
- If your hand is unsteady, drop the medicine into the blue cap and then dip the brush into the cap to absorb the medicine. This will prevent missing the brush when dropping the medicine on it and ensure an even absorption onto the brush.
- It is OK to apply the medicine to the lower lashes, but you should only do it after you have treated the upper lashes, when the brush is merely damp.
- Once your lashes are as long and thick as you want them (usually after 3-4 months), switch to maintenance dosing by applying the same amount of medicine as above every other night or every third night.