

MOHS PRE-OPERATIVE INSTRUCTIONS

PRIOR TO SURGERY:

- If you take Coumadin, Plavix, or therapeutic aspirin, please continue these medications. You may experience slightly more bleeding, bruising, or swelling, but it is important that you continue these medications. If you are taking a baby aspirin preventatively, you may stop this 10-14 days prior to surgery with your primary doctor's permission.
- Continue to take all other prescribed medications according to your usual schedule unless otherwise instructed.
- Do not consume any alcoholic beverages for three days prior to surgery.
- Gather items (books, magazines, electronic readers, laptops, etc.) to keep yourself busy during your visit. We have complimentary Wi-Fi and charging ports available for you.

ON THE DAY OF SURGERY:

- Shower and shampoo the morning of your surgery. You will need to keep your bandage dry and will not be able to shower for 48 hours after surgery.
- Eat a good breakfast unless advised otherwise.
- Do not wear any makeup if your procedure is on your face.
- Wear a loose neck, button, or zip down shirt, if your surgery is on your head to prevent dislodging your pressure bandage.
- The Mohs procedure takes an average of 6-8 hours to complete depending on your skin cancer. We recommend bringing reading material or a laptop to occupy your time. Please do not plan any other appointments or activities the day of your procedure. Please do not bring young children with you.
- Due to patient privacy concerns and limited space in our waiting room, we request a maximum of one family member or significant other to accompany you to the office for your procedure.
- Plan for someone to be able to drive you home after the procedure if needed.

You will be updated throughout the day regarding your status and wait time. If you would like to leave, we can alert you via text.



Our building does not have a cafeteria but we do provide snacks. If you would like to bring food, we have a refrigerator and microwave for your convenience. There are also many nearby restaurants.



If you are visiting another surgeon to be repaired on the same day as your Mohs surgery, please follow their directions concerning medications, eating, and drinking.



If you have any questions, please contact us at 636-317-DERM or info@SCCDermSurgery.com

