

AGNES Q&A

WHAT IS AGNES?

Agnes is a minimally invasive radiofrequency (RF) microneedling device. It was originally developed for the treatment of acne but was found to be a groundbreaking facial rejuvenation procedure. Microinsulated needles of various configurations specifically target numerous structures in the skin. In general, Agnes is used to sculpt and contour areas of the face and neck, as well as target other conditions affecting skin texture, leaving the skin's surface smoother.

WHAT DOES AGNES TREAT?

Eyebags: Agnes is the only non-invasive effective at treating eyebags.

Jowls: Because heat is delivered so precisely, Agnes is also the only safe non-invasive treatment for the jowl area of the lower face, where important blood vessels and nerves live.

Double chin and neck: Agnes can sculpt away unwanted fat in this area while directly tightening the overlying skin.

Skin texture issues: Agnes is effective in treating tough acne, sebaceous hyperplasia, milia, blackheads, enlarged pores, and syringomas (bumps around the eyes).

IS AGNES SAFE?

Yes! Agnes is safe for all skin types. Because the microneedles are insulated, the RF energy is safely delivered to the exact spot where it is aimed. Additionally, Dr. Tull and her staff have been specially trained for all the various protocols.

WHO SHOULD NOT HAVE AGNES?

Patients need to be grounded for the procedure. Because of this, anyone with an implanted electrical device such as a pacemaker, defibrillator, or insulin pump is not an Agnes candidate. Dr Tull and her team can offer other options that are completely safe with these devices.

Other groups that should not undergo this RF treatment include:

- Pregnant or lactating patients due to the use of topical and local anesthesia
- Patients on significant blood thinners due to increased risk for bruising

Additionally, patients should wait at least 1 month after other cosmetic procedures before having Agnes.

HOW MANY TREATMENTS WILL I NEED?

Results can be seen after one treatment of Agnes; however, it may require a series of 2 or 3 depending on the amount of correction desired.

HOW LONG DOES IT TAKE?

Most Agnes sessions are between 30-60 minutes.

IS AGNES PAINFUL?

Before undergoing an Agnes treatment, patients are given any combination of the following to alleviate any discomfort that would otherwise be associated with the procedure:

- Topical numbing cream
- Numbing injections (if needed after numbing cream)
- Pro-Nox, self-administered nitrous oxide (if needed)

WHAT CAN I EXPECT AFTER AN AGNES TREATMENT?

Altogether, Agnes requires minimal downtime. Some procedures involve no downtime, while others may have a downtime of up to one week.

- Bruising and swelling are common but vary person to person.
- Patients undergoing contouring procedures are discharged with a hydrocolloid compression dressing that should remain in place until the day after the procedure to minimize swelling, bruising, infection, and discomfort.
- Patients should not exercise the day of or the day after your Agnes treatment.
- Temporary numbness can last up to 1-2 months.

If a series of treatments is needed, the next treatment is scheduled at that time.

