

PRE-TREATMENT INSTRUCTIONS

SylfirmX/Microneedling/Phoenix

Reveal any medical conditions such as pregnancy, cold sore and fever blister tendencies, any type of allergy, recent facial peels or surgery and all current medications (including both prescriptions and over-the-counter products) such as Accutane, tetracycline, hormone replacement therapy or use of Retin-A.

You must quit taking Accutane for 6 months prior to having a Phoenix CO₂ treatment, and 3 months prior to SylfirmX or microneedling.

DO NOT receive a SylfirmX radiofrequency-microneedling treatment if you have an electronic implant (insulin pump, pacemaker, LVAD, cochlear implant, etc.). Alternative treatments can be recommended for you.

Do not use self-tanning lotions or tanning booths two weeks prior to your treatment. Do not sunbathe two weeks prior to your appointment.

Do not use any irritating skin care products such as tretinoin, retinol, or AHA/BHA containing products for one week prior to treatment.

Avoid taking NSAIDs such as Advil, Motrin, Aleve, aspirin for up to one week prior to your scheduled procedure.

Areas of dental crowns, caps, braces or other metal dental implants may be more sensitive to the treatment and the clinician may use gauze or a tongue depressor to isolate the area to make the treatment more comfortable.

